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## THE COLOURS OF CARACARE

# *sponsorship packages*

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### BLUE PACKAGE - \$7,500

1. Includes \$2750 tax deductible donation to support 3 children in the Wrapped in Angels program
2. 2 VIP tables for up to 20 guests
3. Company logo and message on our sponsorship webpage as well as your logo on our media wall on the night of the event
4. Top sponsor recognition at event
5. 20 complimentary raffle tickets
6. Wrapped in Angels program impact report

### GREEN PACKAGE - \$5,000

1. Includes \$2500 tax deductible donation to support 2 children in the Faery Garden program
2. 1 VIP table for up to 10 guests
3. Company logo and message on our sponsorship webpage as well as your logo on our media wall on the night of the event
4. Sponsor recognition at event
5. 10 complimentary raffle tickets
6. Faery Garden program impact report

### PURPLE PACKAGE - \$3,500

1. Includes \$1250 tax deductible donation to support 1 child in the Rediscovering the Power Within program
2. 1 VIP table for up to 10 guests
3. Company logo and message on our sponsorship webpage as well as your logo on our media wall on the night of the event
4. Sponsor recognition at event
5. 10 complimentary raffle tickets
6. Rediscovering the Power Within

## WHY WE NEED YOUR *support*

The current statistics around child abuse are frightening. In 2020, 143,655 cases of child abuse were investigated in Australia. 41,840 children were placed under care and protection orders and 32,898 cases were so severe that these children were removed from home. This abuse of children is a violation of their human rights. It affects their physical, mental, spiritual and emotional health and it robs them of a sense of who they are and who they want to be.

CaraCare delivers FREE group-work therapy programs to abused children. Each program is facilitated by CaraCare therapists who are trained and accredited in a range of fields including trauma therapy, mental health, social work and clinical supervision.

At CaraCare children see themselves as more than the sum of the abuse they suffered, and they begin to heal. They do not feel frightened, despairing, lonely or useless, instead, they consider themselves skilful, creative and worthy of having fun.

By securing a table package at our annual Gala Ball, you can help us continue to show more children what great kids they are and what a safe and loving world should look like.

## OUR *table package* PROGRAMS

### BLUE PACKAGE - WRAPPED IN ANGELS

This ten-week program is a journey of re-discovering the meaning and connections in life. Under the guidance of expert trauma therapists, children gather together to design, create and sew their own blanket. Upon the blanket they sew symbols of love, nurturance, protection and strength, all those things they were deprived of when they were being abused. This blanket is a tangible reminder of what holds them together and keeps them strong. It is a colourful representation of love, protection, warmth and safety, and most important of all, it is uniquely theirs.

### GREEN PACKAGE - FAERY GARDEN

Faery Gardens are fun, imaginative and practical gardening groups that promote an atmosphere of commonality, healing and belonging. The focus of Faery Garden groups is to assist children who have experienced abuse to tap into their creativity and imagination. It provides children an experience of connection to their own senses, to nature and to other group members. A new Faery Garden is created in each group and in turn participants get to nurture and repair past gardens made by other CaraCare kids.

### PURPLE PACKAGE - REDISCOVERING THE POWER WITHIN

Rediscovering the Power Within is a Yoga therapy group to support young women who have experienced violence and abuse and used self-harm to cope with this. This group includes all young people who identify as female. The young woman may be trying to cope with emotional states of anxiety, depression and grief. A gentle and caring approach is used to help young women learn self-regulation skills and build self-esteem through listening to their internal guidance. This experience is an alternate coping strategy to self-harm. This is a wonderful opportunity for young women to experience feeling safe in their body through yoga practice which provides a counter experience to feeling unsafe in their body during the abuse. The young women learn self-care whilst building resilience and connection in the group.