

Wrapped in Angels Blanket Group

for primary school aged children



Wrapped in Angels is a group that gives a safe space for you to have fun, share experiences, and talk about helpful ways to respond to big emotions. You will create your own blanket that will hold what is important to you. What helps you to feel strong, empowered, connected and valued. No drawing or sewing skills required.

Our groups are welcoming of all backgrounds, abilities, cultures and identities.

The facilitators for the group are Karen Verrier and . Both are facilitators from the CaraCare charity who are experienced and skilled in trauma informed therapy and group work with young people.

Term 4 2023

Saturdays 10am-12:30pm

14th October- 16th December (10 weeks)

Location: Barnardos Sydney Metro Centre,

23-27 Shepherd Street

Marrickville

Enquires and registrations: alana.martin@caracare.org.au

0423 599 952



CaraCare